



CHEBEAGUE ISLAND *Maine*

July 8, 2020

Dear Chebeague Community,

By now you may have heard that the Island Market and the Slow Bell Cafe have announced they are closed today due to known exposure to someone testing positive for Covid-19.

Both the Island Market and the Slow Bell have been swift and transparent with their response. They are following CDC guidelines and doing all they can to stop an outbreak. We wish anyone exposed to the coronavirus a successful 14-day quarantine and if necessary, a successful isolation and full recovery. We can all send them (remotely of course) our best wishes.

The island has pulled together for months, diligently setting up safe systems during the pandemic knowing we must all act as if the virus is among us. We are following CDC guidelines (www.cdc.gov) and adjusting to changes. Today we have bad news, but we will get through this.

If you have any questions about how to respond and remain safe, the following may answer some of your questions:

- [What to Do If I think I Have Been Exposed to Covid-19](#) is a video by Dr. Kip Webb, a long-time summer resident, that explains and distinguishes between exposure, quarantine and isolation.
- The CDC leads all [contact tracing](#) with special protocols to track the virus with the intent to stop the spread. (You can think of a CDC contact tracer as an ally and a virus detective who confidentially directs help where it is most needed).
- [How to Quarantine \(with special Chebeague measures\)](#)

What can you do? You know what to do — wear your masks, wash your hands, sanitize surfaces and socially distance. We have been, and continue to be, in a state of emergency on Chebeague Island. The island's frontline is shared by every one of us. Stopping an outbreak is our number one priority and requires everyone to play a part. Please follow all, not some, of the safety measures.

If you have any questions, please contact me at the Town Office at 207-846-3148 or via email at townadmin@townofchebeagueisland.org.

Sincerely,

Marjorie A. Stratton
Town Administrator/Emergency Director